

Wellspring LIVING Bags of Blessings

Groceries are a large expense in any residential ministry. Through Bags of Blessings, you and people in your sphere of influence can be a blessing to the women in the Wellspring Home directly through helping to provide food and other basic necessities that they use during their time of recovery.

The idea is to take each of the Blessings Shopping Lists, distribute them among your group. Each member would gather the items, attach a card of encouragement to the grocery bag and bring the items to the designated drop off place.

Some of the items on the list are very specific. We are attempting an healthy eating meal plan at the home. This is the reasoning for specific brands being mentioned.

Thank you for your support of Wellspring!!

List #1

Scott Toilet Tissue
Kleenex
Paper Towels
Aluminum Foil
Plastic Wrap
Amy's Cream of Tomato Soup
Kashi Granola Bars

List #3

Scott Toilet Paper
Whole Wheat pasta
Spaghetti Sauce
Whole Wheat Flour
Stamps
Amy's Cream of tomato Soup

List #5

Liquid Laundry Detergent
Stain Remover
Dryer Sheets
Light Bulbs
Gas Card

List #7

Paul Newman Salad Dressing
Mixed Nuts
Healthy Trail Mix
Stamps
Kroger Gift Card
Whole Wheat Pasta

List #2

Tampons
Pantiliners
Liquid Hand Soap
Toothpaste
Razors
Toothbrush
Kashi Granola Cereal

List #4

Glass Cleaner
Kitchen Counter Cleaner
Dish Soap
Dishwasher Detergent
Kitchen Sponges
Amy's Cream of Tomato Soup

List #6

Gas Card
Scott Toilet Paper
Stamps
Kroger Gift Card
Celestial Seasons Tea (any kind)

List #8

Coffee
Scott Toilet Paper
Paper Towels
Calling Card
Pecans
Sunflower Seeds

If you are interested in more information about Bags of Blessings, please email us at info@wellspringliving.org