

Weekly Schedule

Monday

7:00 Proverbs & Prayer
7:15 Fitness
9:20 Medicine Call
9:30 Quiet Time
10:00 – 12:00 Focus Packets
9:00 Counseling
10:00 Counseling
11:00 Counseling
12:00 Lunch
1:00 Boundaries Group
2:00 Group Therapy
3:30 – 4:30 Class I
Class II
5:00 Dinner
6:30 Celebrate Recovery
9:00 Psalms & Prayer

Tuesday

7:00 Proverbs & Prayer
7:15 Fitness
9:20 Medicine Call
9:30 Quiet Time
10:00-12:00 Focus Packets
9:00 Counseling
10:00 Counseling
11:00 Counseling
12:00 Lunch
1:00 Connection Class
2:00 Anger Group
3:30-4:30 Class I
Class II
9:00 Psalms & Prayer

Wednesday

8:00 Proverbs & Prayer
9:45 Medicine Call
9:00 Quiet Time
9:30-10:30 Class I
Class II
11:00 Staff Meeting
11:00 Spiritual Formation
12:00 Lunch
1:00 Connection Class
2:30 Life History
3:30 Life Journey
9:00 Psalms & Prayer

Thursday

7:00 Proverbs & Prayer
7:15 Fitness
9:20 Medicine Call
9:30 Quiet Time
9:00 Counseling
10:00 Counseling
11:00 Counseling
10:00 -12:00 Home Contribution Time
12:00 Lunch
1:00 Art Therapy
2:00 Counseling

2:30-3:30 Focus Packets
3:30-4:30 Team Building
6:00 Dinner
7:00 Free Night
9:00 Psalms & Prayer

Friday

7:00 Proverbs & Prayer
7:15 Fitness
8:45 Medicine Call
9:30 Quiet Time
11:00 Leave for Equine Therapy
1:00-5:00 Equine Therapy
6:30 Truth Talk
9:00 Psalms & Prayer

Saturday

MAKE SURE HOME IS CLEAN!
8:45 Proverbs & Prayer
10:00-11:00 Quiet Time
11:00 Free Time
12:00 Lunch
12:30 Leave for Store
1:00 Volunteer in Store (Duluth)
6:00 Dinner
7:00 Free Night
9:00 Psalms & Prayer/ Quiet Time

Sunday

8:15 Medicine Call
8:30 Proverbs & Prayer
10:15 Leave for Church
10:45 Worship Service at Perimeter
12:30 Lunch
1:00-5:00 Unsupervised Visitation
2:00-4:00 Supervised Visitation
6:00 The Gathering
9:00 Psalms & Prayer